

Search Last 7 Days

[» Search Archives](#)

PIONEER PRESS

Local News

- [Capital and Politics](#)
- [Education](#)
- [Lottery](#)
- [Wisconsin](#)

Columnists

Obituaries

Sports

- [Vikings](#)
- [Football](#)
- [Twins](#)
- [Baseball](#)
- [The Wild](#)
- [Hockey](#)
- [Timberwolves](#)
- [Basketball](#)
- [Gophers](#)
- [High Schools](#)
- [Golf](#)
- [Outdoors](#)
- [Fishing](#)
- [Minnesota Lynx](#)

Business

- [Entrepreneurs](#)
- [National](#)
- [Personal Finance](#)
- [Regional Briefing](#)
- [Stocks & Market](#)

Nation

World

Showtime

- [Movies](#)
- [Music](#)
- [Eat](#)
- [TV and Radio](#)
- [Onstage](#)
- [Art](#)

Your Tech

- [Your Tech Weblog](#)
- [Your Tech Digest](#)

Express

- [At Home](#)
- [Books](#)
- [Bulletin Board](#)
- [Faith](#)
- [Family & Friends](#)
- [Health](#)
- [Hobbies](#)
- [In Gear](#)

Search

for

[Back to Home](#) > [Pioneer Press](#) >

Tuesday, Aug 19, 2003



Express

Posted on Mon, Aug. 18, 2003

PIONEER PRESS

EVERYDAY CHEAPSKATE: Web sites can help improve your cooking

MARY HUNT
Columnist

Who remembers Disneyland's Carousel of Progress? As I recall, it was listed as a "ride," even though riders did little more than sit in a revolving theater watching the 20th-century American family experience all of the new wonders of technology. The last depiction had a futuristic focus on the kitchen of tomorrow, with such features as remote controlled lighting, a self-cleaning oven, dishwasher and microwave cooking.

The Carousel of Progress closed in 1973, long before the end of the 20th century. Apparently even the "imagineers" could not imagine how quickly technology would impact our lives and our homes.

Take cyberspace, for example. Have you considered how using the Internet can improve your cooking, help you run a more efficient kitchen and stretch your food dollars? Here are a few Web sites that no forward-thinking cook should be without.

- **CD Kitchen Recipe Network:** This amazing site boasts more than 200,000 recipes divided into 500 categories, plus forums and cooking tips. If you can't find the recipe here, chances are it doesn't exist! Let's say you're looking for the Squash Casserole that your grandmother used to make. Type "Squash Casserole" into the search box at <http://www.cdkitchen.com/>, and in a few seconds you'll have 77 versions from which to choose.

- **Cook's Thesaurus:** A knowledgeable cook is a confident cook, and a cooking encyclopedia that covers thousands of ingredients and kitchen tools, such as <http://www.foodsubs.com/>, is a culinary goldmine. Entries include pictures, descriptions, synonyms, pronunciations and suggested substitutions.

- **Cooking By Numbers:** If you're ever going to stop wasting money in the kitchen, you have to learn to cook with what you have, not buy more

Shopping & Services

Find a **Job**, a **Car**,
an **Apartment**,
a **Home**, and more...

BellSouth®
Dial
Internet
Service
*with Accelerator
Technology*

**Get all the
features
you need.**

>> For as little as
\$4.95
/ mo.

>> **click here
for offer
details**

- [Shopping](#)
- [Travel](#)
- [Opinion](#)
- [Editorial](#)
- [Letters to the Editor](#)
- [Corrections](#)

and more. Let's say you get home after a stressful day, throw open the fridge door to see onions, leftover chicken and a lemon. In the pantry you have flour, rice and a can of tomatoes. This is dinner? Sure! Go to the English Web site <http://www.cookingbynumbers.com/> and plug in the ingredients you have. I did this for this list of seemingly unrelated ingredients, and in a couple of seconds I had my choice of 10 recipes. This site will really help you stay out of the fast food drive-thru.

• **Copykat Recipes:** Have you ever wondered how your favorite restaurants prepare their most popular dishes? Wish you could make them in the comfort of your own kitchen? Go to <http://www.copykat.com/> and wonder no more. CopyKat reveals the secrets of giants like Boston Market, Olive Garden and Bennigan's. Be warned: This site has a lot of annoying pop-up ads. Just keep closing them because the goods are worth the trouble.

• **Slow Cooker Recipes:** During these warm summer days, your slow cooker should be at work, not the stove or oven. A slow cooker will not heat your kitchen and uses only pennies in electricity to cook for many hours a day. If you are less than enthusiastic, perhaps you don't have the right recipes. Go to www.mega-zine.com/kitchen/crock-pot to find more than a thousand recipes created just for slow cooking.

If you do not have access to the Internet at home, get thee to the library. Most have computers with online access for use by the public.

Mary Hunt is the creator of the Cheapskate Monthly newsletter, which can be ordered online at www.cheapskatemonthly.com/um. E-mail questions or tips at cheapskate@unitedmedia.com or Everyday Cheapskate, P.O. Box 2135, Paramount, CA 90723.

 
[email this](#) | [print this](#)

Stocks

Enter symbol/company name

[News](#) | [Business](#) | [Sports](#) | [Entertainment](#) | [Living](#) | [Classifieds](#)



Click here
to visit other
Real Cities sites

[Help](#) | [Contact Us](#) | [Site Index](#) | [Archives](#) | [Place an Ad](#) | [Newspaper Subscriptions](#) | [News by Email](#)
[About TwinCities.com](#) | [About the Real Cities Network](#) | [Terms of Use & Privacy Statement](#) | [About Knight Ridder](#) |
[Copyright](#)